Medical Device Design – 2.75, 2.750, 6.4861, 6.4860, HST.552 (joint) – Spring 2023 Syllabus

Units 3-3-6

Prerequisites One of the following 2.007, 2.008, 2.009, 6.101, 6.111, 6.115, 22.071 or instructor permission.

Updated April 2023

Course Description

Provides an intense project-based learning experience around the design of Medical Devices with foci ranging from mechanical to electro mechanical to electronics. Projects motivated by real-world clinical challenges provided by sponsors and clinicians who also help mentor teams. Covers the design process, project management, and fundamentals of mechanical and electrical circuit and sensor design. Students work in small teams to execute a substantial term project, with emphasis placed upon developing creative designs — via a deterministic design process — that are developed and optimized using analytical techniques. Includes mandatory lab. Instruction and practice in written and oral communication provided. Students taking graduate version complete additional assignments. Enrollment limited.

Up to date details and answers to questions that you might not thought of are available on the Information for Students page.

Website <u>meddevdesign.mit.edu</u>

Lecture Monday & Wednesday 13:00 – 14:30 EST, Room is also booked 12:30 – 13:00 & 14:30 – 15:00 for teams to meet

Location Room 3-270

Schedule and details may change over the course of the semester - Canvas will always provide the most current information.

Listeners Listeners cannot be assigned to project teams, but they are allowed sit in on lectures, with instructor permission.

Teaching Staff

MechE Instructor	MechE Instructor	MechE Instructor	EE Instructor	MechE/IMES Advisor
Prof. Alex Slocum	Dr. Nevan Hanumara	Prof. Gio Traverso	Anthony Pennes	Prof. Ellen Roche
Room: 3-445	Room: 3-470	Room: 3-340	Room: 38-575/38-501	Room: E25-344
slocum@mit.edu	Phone: 617-258-8541	Phone: 617-253-5726	Phone: 845-219-6691	Phone: 617-258-6024
	hanumara@mit.edu	cgt20@mit.edu	ampennes@mit.edu	etr@mit.edu
Comm. Instructor	Comm. Instructor	TA & Lab Safety	TA	Course Administrator
Dave Custer	Megan Dawley	Steven Burcat	Leroy Sibanda	Kaila House
Room: 24-611B	Room: E18-228K	Room: 3-443	Room: 3-443	Room: 3-461
custer@mit.edu	megmac@mit.edu	sburcat@mit.edu	sibanda@mit.edu	kmhouse@mit.edu
Mentor	Course MD	Maker Guru		
Keegan Mendez	Dr. Jay Connor	Coby Unger		
Room: E25-329	Mt. Auburn Hospital	Hobby Shop		
kmendez@mit.edu	jcmdhandsurg@comca	cobyu@mit.edu		
	<u>st.net</u>			

Digital Assets

Canvas web.mit.edu/canvas will be used for syllabus, lab materials, quizzes, surveys and class announcements

Class email <u>2.75-2023@mit.edu</u> - Contacts the entire course students and staff

Staff e-mail <u>2.75-staff@mit.edu</u> - Contacts the course teaching staff

Slack We will create a <u>MIT Slack</u> channel for each team and invite members to facilitate rapid communication
Team e-mails Teams are additionally recommended to create their own <u>Moira e-mail</u> lists, with/without their mentors

Project Management Trello (link to come) integrates with Slack

Wiki The Wiki serves as long term course documentation

Lectures

The semester is split into two halves. In the first half of the semester, we cover fundamental, applied topics in mechanical and electrical engineering and the engineering design process. In the second half, we transition to focus on healthcare industry-specific topics and include invited guest speakers and case studies. Consult the Schedule for details.

Quizzes (but no P-Sets)

There will be up to 10, ten-minute in-class quizzes at the beginning of lectures. Most will be administered via Canvas, so please bring your laptops and/or iPads to class. Questions are based on the pre-readings or the previous lecture's content. They reinforce the

lectures, as well as provide important feedback to student and instructors on level of preparedness for class. There are no makeup quizzes, however we will drop the two lowest quizzes. See Absences & Support for more information. There are no P-Sets, as the focus is on the labs and term projects, where documenting consistent progress is very important. Each lab write-up counts as two additional quiz grades, which cannot be dropped.

Labs

During the first half of the semester there will be three lab assignments:

- 1. Design, build, and test a kinematic coupling (KC) which demonstrates the principles of exact constraint design, important for any mechanical device. Due to the Hobby Shop closure, this will be provided as a take-home kit.
- 2. Design, build, and test a simple, non-invasive electrocardiogram (ECG) which uses electrodes and circuitry, to detect and report heart rate. This will be conducted in the EECS Lab with safety training required and scheduled help sessions.
- 3. Syringe pump lab with an individual at-home preparation assignment, followed by in-class team build sessions.

The objective of the labs is to help familiarize students with concepts from both mechanical and electrical domains, foster the handson skills needed for medical device R&D and work in a cross disciplinary team. All three labs can be posted to your personal websites as part of your portfolio!

Team Term Project

Students will work in small 4 – 6 person teams to execute a substantial, health-focused project, which spans the entire term.

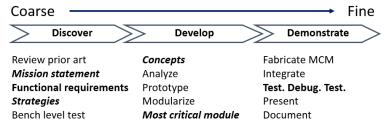
Project options will be presented by clinicians and companies at the beginning of term. You will be asked to *individually* rank your preferences, considering where your interests and skills can contribute the most. Teams will be formed by the staff based on preference and student background. Given the variety of projects and breath of students' interests and expertise, there have been few past difficulties in satisfying everyone.

Please understand that given the project-clinician/proposer relationship, small teams and an aggressive schedule, signing up for a project constitutes an implicit agreement to complete the class. Do NOT take the course if you have a difficult schedule or are in a stressful situation.

Likewise, project proposers (clinician or company) commit to engaging with you on a regular basis and being a part of your team!

Together, we will follow a deterministic design process, which fosters creativity, is guided by analysis and experimentation, fosters peer-review and eschews hope-based design to rapidly and efficiently develop a proof-of-concept prototype solution. The process is roughly broken up into thirds:

- 1. <u>Discover</u> Problem presentation by client, team formation, detailed problem understanding and appropriate analysis, investigation of prior art, definition of functional requirements and exploration of possible solution *strategies* and preliminary *concepts*
- 2. <u>Develop</u> With a specific *strategy* selected, *concepts* are further explored until a *final concept* is identified to be developed, analyzed and tested. The design is divided into modules and initial attention focused on the *most critical module*.
- 3. <u>Demonstrate</u> The entire system is fabricated, integrated and tested. Proper documentation is an important, oft shortchanged, step that begins the *design history file that documents the design's development*, essential for any quality product (e.g., ISO 9000) and especially for medical products (FDA and ISO 13485 requirements).



Three-phase, 14-week deterministic design process

At the end of the semester, success is defined as a working proof-of-concept prototype, documentation of the deterministic design process and an honest device performance evaluation, with respect to the original clinical need. In industry parlance this is referred to as Verification & Validation (V&V), i.e., does your solution perform as intended and is it actually the correct solution? Negative data, which occurs often enough in the world of R&D, is acceptable as an outcome, provided the team has followed the

deterministic design process, can reflect back on unexpected results and describe what could be improved / a recovery path, if the team were to continue.

Weekly Mentor Meetings

Each team will be assigned two course staff mentors who will meet with the team weekly. During these mentor meetings we will review progress, brainstorm/solve project design problems, identify further needed resources, set tasks and milestones for the coming week.

We will use a project management tool to weekly track individual and team progress. We aim to maintain a fair pace, commiserate with the course credits, and spread the workload evenly across the semester and team members.

In order to maximize productivity and minimize frustration, it is critical (and good professional practice) for each team to meet before the mentor meeting, conduct a *peer review* of their ideas and prepare an agenda that addresses three key questions:

- 1. What did you do last week?
- 2. What will you do this coming week?
- 3. What resources do you need?

Each team member is required to maintain individual notes and teams must also take weekly notes and post them the Wiki, see Documentation.

Bottom line, the better prepared a team, the more the mentors can help the team achieve a successful and satisfying conclusion!

Teamwork & Peer Evaluations

Teamwork is central to functioning of this class and any modern engineering endeavor and it is expected that students will work together in a *safe*, *professional*, *and collegial manner* as defined in MIT's policies and procedures, especially 9.0 Relations and Responsibilities Within the MIT Community.

During the first weeks of teamwork, please identify any perceived problems with your team's dynamics promptly, and bring them to the attention of your team members and/or the course staff, who will help resolve issues. This is important in the professional world where there are no "safe spaces" and issues must be addressed politely and proactively. We can help make 1/:(= :)

Just before mid-semester, an anonymous peer review will be conducted using the <u>CATME tool</u>, developed at Purdue. The results will be reviewed by the course staff, who will intervene as needed to help improve team performance.

At the end of the course, team members will again review each other and the combined ratings can be used to adjust individual grades by up to a full letter. To be clear, the focus is on professional performance, not popularity.

Prototyping & Budget

Each team will have a budget of about \$2,000 (exclusive of MIT overhead) to develop, prototype, and test their solution. Legitimate expenses include materials (components), services (such as machining), and local travel to collaborators, etc., but not food.

Your mentor and the course staff will guide you in efficient use of your budget. We have many contacts with helpful vendors, who are accommodating to the needs of prototype projects and we are happy to have new suggestions. We maintain McMaster, Digi Key and Amazon accounts. There are tradeoffs between the flexibility of fabricating in-house, you time, and using outside professional services. Always compare pricing and we recommend against overseas vendors with long lead times. Even domestic suppliers are experiencing longer than normal lead time, so planning is essential. The cheapest vendor is not always the best

The course administrator will oversee team's accounts and class purchasing procedures. Please appoint a single person to coordinate with the Administrator and track your team's budget. All receipts must be turned in promptly to comply with MIT audit requirements. No paperwork, no grade!

If you buy something locally you need to download two MIT tax free forms (ST-2, ST-5), since you can't be reimbursed for sales tax.

Fabrication Facilities

Since each project is different, staff will work individually with teams to ensure that they obtain the necessary resources.

PERG Lab (3-438)

Light fabrication and assembly space. Once the projects are underway, this will be accessible to teams 10 AM – 6 PM via card access. Additional hours can be arranged with the course staff. Teams will be provided with bench space and bins. As in an industry lab, we expect team to mark and organize their workspace and return tools and equipment where they belong daily.

Safety training is required before you may use the space.
Lab Safety Officer – Steven Burcat – sburcat@mit.edu
Lab Manager – Nevan Hanumara – hanumara@mit.edu

EECS Lab (38-501)

For electronics-focused projects, bench space, instruments, tools, proto boards and lockers available. Typical open hours M-F 9 AM -11:45 PM and Sunday 1 PM - 11:45 PM.

Safety training is required before you may use the space. Lab Manger – Anthony Pennes <u>ampennes@mit.edu</u>

Other Spaces

Teams are welcome to use any other safe lab / fabrication facilities that they have access to and permission to use. Teams are responsible for keeping all workspaces clear and returning equipment to the proper storage to avoid access revocation.

Mobius - Locate and access some of the campus' 45 major maker spaces.

Metropolis (6C-006B) – General fabrication, 3D printers, laser cutter, electronics bench, wood working, sewing machines, table saw.

The Deep (37-072) Metal milling/lathe, SLA 3D printers, water jet, mold making.

Edgerton Center Student Shop (6C-006) – Open to all MIT students, safety and machine operation training required.

MakerWorks - LMP (35-122) - Restricted to Mechanical Engineering students, safety training required.

QuickRoom - For spur of the moment meeting locations.

<u>Huang-Hobbs BioMaker Space</u> (26-035) – e-mail space for access information.

Projects requiring cell / tissue / BL2 work should coordinate with the instructors to access approved spaces.

Note: The Hobby Shop is closed this term for its move to NE41.

Note: BeaverWorks should not be used for course 2.75 projects due to IP concerns.

If there are any questions / doubts regarding fabrication or safety - ask the course staff immediately.

Documentation

Documentation is required in the medical device industry, specifically a *design history file* and *design controls*, for regulatory approval. Read more about this courtesy of the FDA. It is also essential for establishing inventorship, building an IP portfolio and launching a successful company.

Notebooks - Each student is expected to maintain a paper or digital design notebook with sketches, calculations, and pictures that document their individual contributions, late night ideas and general project notes. These are often reviewed during mentor meetings and factor into grading, so always bring your notebook to your weekly mentor meeting!

Wiki - The Wiki serves as a long-term project archive, independent of Google, Dropbox, etc., and each team must create and maintain a page. Teams are expected to update it with their progress weekly, with notes from internal, project proposer and mentor meetings, key design decisions, important milestones, decision matrices, images and papers. Copies of all presentations must be posted to the Wiki. This Wiki is viewable by everyone in the class - look at past projects for inspiration!

Intellectual Property

While our focus is on learning, Intellectual Property (IP) is sometimes generated in this course and we encourage best practices and follow the guidelines of the MIT Technology Licensing Office (TLO). It is essential that all team members keep bound, signed, dated and, ideally, witnessed if there is a likely inventive idea, design notebooks to record individual contributions. The definition of inventorship is strict, as we will discuss in lecture. The more engaged a team member is, the greater the likelihood they might have contributed to a specific claim and be considered an inventor. Just being on the team or helping to build and test does not make a person an inventor.

IP created by students in an MIT course is generally considered property of the students, however, the inventors may opt to assign it to the MIT Technology Licensing Office for prosecution. Potential IP requires a disclosure to the TLO which will take appropriate course of action according to MIT policy.

Note that patents are expensive and not an end in themselves; it is rare that one is simply bought by a company and turned into a commercial success. We will talk about the hard path of building a company in the second half of the course. Contributing to a

meaningful project, publishing a peer reviewed article and/or showcasing your project in your portfolio is likely the most valuable outcome of the course, in terms of career progression.

Communication

Communication is an integral part of any engineering endeavor and instruction will be provided in class and mentor meetings over the duration of the semester. This is a <u>CI-M subject</u> for MechE and EECS and can be used in place of 2.009. Graduate students, of course, also benefit from practice with communication skills.

Students are required to communicate as professionals throughout the course formally and informally, including:

- Weekly mentor meetings
- In-class strategy presentation
- In-class concept presentation
- In-class most critical module review
- Final presentation
- Final journal quality and format article & one-page Executive Summary.

In-class Design Reviews & Presentations

Three in-class design reviews will be conducted in the manner of presentations. These are opportunities to harness the hive and receive fantastic feedback from the entire class, students and instructors alike. Therefore, teams should briefly introduce or remind the audience about their project, then dive right into an update with the most critical details and the current challenges. The better these are elucidated the better the feedback and be sure to leave ample time for discussion. Everyone present is expected to participate, asking questions and provide constructive feedback.

The Final Presentations should cover the project's development and an honest evaluation of the results (validation). We ask teams to also touch upon the clinical, technical and regulatory/IP/business aspects of the project. We invite industry visitors to the final presentations, and their questions and feedback have been invaluable in helping papers become publications and ongoing projects.

By the end of the course, every student will be comfortable talking about their work and ready to give a podium presentation.

Final Paper

Each team will write a journal format, publication-quality, final paper which must follow the guidelines of an established journal, e.g., the <u>ASME Journal of Medical Devices</u>, <u>ASME Journal of Mechanical Design</u> or <u>IEEE Transactions on Biomedical Engineering</u>. This requirement has enabled many past teams to rapidly and successfully submit their work for peer reviewed publication! For examples see <u>Past Projects</u> and the <u>MIT Emergency Ventilator Project</u>, which began as a 2010 project and an ASME publication.

Write early and write often. It is <u>critical to write as-you-go to</u> prevent last minute, binge writing. By the end of week 6, every team will start writing their journal article. Ideally, this drafting over time permits genuine reflection on your accomplishment that, in turn, allows you to more effectively communicate the value you have added.

Recommended Texts

- 1. <u>FUNdaMENTALS of Design</u>, A.H. Slocum, posted to the course website. This is a MUST download and read (as well as the design spreadsheets). Carefully reading and comprehending this design knowledge will lead the greatly enhanced design happiness in the class and in your professional design career.
- 2. <u>Precision Machine Design</u>, A.H. Slocum, for the serious deep thought machine designer. Copies are available from the course administrator at the author price.
- 3. The Art of Electronics, 3rd Edition, Horowitz and Hill, Cambridge University Press
- 4. Practical Electronics for Inventors, 4th Edition, Paul Scherz & Simon Monk, McGraw Hill Education

Grading

This is an advanced design course for students who are ready to step up to act as professional engineers! Therefore, as in industry, we do not provide detailed, weekly grades. We do, however, provide ongoing feedback each week during mentor meetings and will meet with any student individually. We will conduct a mid-semester *performance review* and provide teams and individuals specific feedback highlighting strengths and areas for improvement.

Work hard and efficiently and you will do great! Remember, a grade is not nearly as important as learning a structured design process, developing a prototype and documenting what you did with the team to bring it to life. The work from the course has helped many students find excellent industry jobs, successfully apply to graduate schools and even launch ventures!

Our goal is your success, in this course, professionally and in life!

The course grade is based on: A = 90-100; B = 80-90; C = 70-80

Term Project – Team Grade	30%
Execution of the design process	
Meeting scheduled milestones	
Efficient use of time and \$	
Quality of design & execution (details & execution)	
Individual Performance	20%
Contributions to project (monitored via mentor meetings)	
Use of lab notebook and peer review effectiveness	
Participation in class presentation Q&A	
Formal Communications	20%
Team Presentations	
Final Paper & Deliverables	
Peer assessment of team members	10%
Individual KC, EKG and Syringe Pump labs & Quizzes	20%
Total:	100%

Post-semester, should there be any grade concerns, students must provide their design notebook for review, be prepared to discuss any of the materials covered in the class and then accept that their grade may go up or down.

Absences & Support

We are committed to making this a positive learning experience for all of us, so please come and talk to us.

Absences

The professional world (and life) does not offer makeups, and although an occasional planned absence usually causes no issues, but continued absences will incur your colleagues' wrath and boss' unwanted scrutiny. Therefore, we have a "no makeups" policy and ask each of you to be professionals: Communicate in advance if you must be absent and work proactively on your project deliverables. We automatically drop two quizzes and have some flexibility to reschedule labs. With proper planning, most problems can be voided and we will keep everyone moving forward with minimal disruption.

If you do have significant planed travel or personal needs that might impact your ability to work effectively in a fast-paced team, you should probably NOT be taking the course. Please discuss any concerns with a member of the course staff at the beginning of the semester.

Support

We understand that life happens. If you are dealing with a personal or medical issue impacting your ability to attend class or complete work, we will work with you to develop a recovery plan. Reach out to the course staff.

In parallel, contact <u>Student Support Services</u> (S^3 for undergrads) or <u>GradSupport</u>. They will verify your situation, discuss with you how to address the missed work and help interface with other instructors and advisors.

COVID-19 Policy – MIT Policy as it is updated.

As per MIT Spring 2023 guidance, all instruction will be in person. In case of a change in the situation, we may make a Zoom feed available on an as-needed basis. While we can't anticipate every scenario, we promise to be flexible and work with individuals and teams to succeed together.

Disability and Access Services

MIT values an inclusive environment. If you need an accommodation, please communicate with the course staff at the beginning of the semester to allow sufficient time for implementation of any services/accommodations that you may need. If you have not yet been approved for accommodations, please contact <u>Disability and Access Services</u> at <u>das-student@mit.edu</u> for assistance.

<u>Schedule</u>

This may be modified as circumstances demand during the course of the term – always see <u>Canvas</u> for the latest schedule.

Wk	Date	Lecture / Lab	Speaker(s)	Weekly Project Milestones
1	6 February	Welcome to Medical Device Design	Nevan Hanumara	Read this syllabus fully
		Fundamentals 1/2/3	Alex Slocum	Come prepared with questions
			Dave Custer/ Brianna Williams	Have a design notebook
	8 February	Project Presentations	Project Proposers	
2	13 February	Project Presentations	Project Proposers	Project preferences due Midday 14 February
	15 February	Fundamentals 3/8/9	Alex Slocum	Schedule weekly team & mentor meetings
		KC Lab released	Alex Slocum	Meet with project proposers (meet 1st as a
		Communications & Teaming	Dave Custer/ Brianna Williams	team)
		Teams Announced	Nevan Hanumara	Start prior art search
3	20 February	PRESIDENTS' DAY – HOLIDAY		Team Wiki page populated
	21 February	Prior art searching for Medical Devices	Nevan Hanumara	E-mail, Slack & Trello
		Fundamentals 5/6	Alex Slocum	Documentation of prior art
		KC Lab Q&A	Alex Slocum	Mission statement drafted
	22 February	Practical Electronics – Op-Amps	Anthony Pennes	Functional requirements identified
		EKG Lab Released	Anthony Pennes	
		Mission Statement Exercise	Nevan Hanumara	
		Journal articles & CATME overview	Dave Custer/ Brianna Williams	
4	27 February	Teams Strategy Design Review	Teams	Before your presentation:
		(presentation, all class feedback)		FRDPARRC filled out
	1 March	Teams Strategy Design Review	Teams	Mission statement finalized
		(presentation, all class feedback)		Top Strategies & preliminary Concepts
				Key questions identified
				EKG Lab Part 1 Due – 3 March
5	6 March	Fundamentals – 7/10	Alex Slocum	Top Strategy selected
		Medical Device Case Study	Alex Slocum	Peer evaluation #1 completed by 6 March
		KC Lab Due & Show & Tell		Investigate concepts for strategy
				Key analysis identified
	8 March	Practical Electronics – Inputs/Outputs	Anthony Pennes	Draft paper Introduction

6	13 March	Class meets in 38-545 Applied Recap Syringe Pump Team Lab – build session	Anthony Everyone	Bench level experiments
	15 March	Class meets in 38-545 Syringe Pump Team Lab – build session EKG Lab Due	Everyone	
7	20 March	Team Concept Presentations (presentation, all class feedback)	Teams	Before your presentation: Top 3 Concepts identified
	22 March	Team Concept Presentations (presentation, all class feedback)	Teams	Bench level experiment results Midterm Feedback - post presentations
8	27 March	SPRING BREAK		* * *
	29 March	SPRING BREAK		(L) (L) (L)
9	3 April	The beating heart with some help Communications	Ellen Roche Dave Custer/ Megan Dawley	Top Concept selected FRDPARRC completed for this Concept
	5 April	Adventures in Gastroenterology	Gio Traverso	System architecture sketched Most critical module (MCM) identified Draft paper Background section
10	10 April	Ethics & Human Subjects Testing	Gio Traverso, Cathy Ricciardi, Tatiana Urman	Schedule to completion reviewed with mentors Most critical module (MCM) designed Paper Design section begun
	12 April	MCM Design Review (presentation, all class feedback)	Teams	Journal identified – start formatting
11	17 April	PATRIOT'S DAY – HOLIDAY		MCM fabricated and tested
	19 April	Adventures in MedTech	Aidan Petrie, <u>NEMIC</u>	Supporting modules designed
		Launching with the NSF SBIR	Henry Ahn, <u>NSF SBIR</u>	Testing plan for review with mentors Draft paper Design section
12	24 April	Preparing the final communication deliverables Basics of Reimbursement	Dave Custer/ Megan Dawley Charles Mathews, Clearview	Fabrication & Integration Last chance to order any final parts! Testing plan ready
	26 April	Scaling your device from 1 to 1 Billion	Martin Ebro, Novo Nordisk	Draft paper Methods
13	1 May	Portal Instruments Case study	Bobby Dyer (MIT Alum)	Commence Testing & Revise
	3 May	Basics of IP Fundamentals of Regulatory	Ben Rockney, MIT TLO Avishek Mishra, Medtronic	Draft paper Results section

14	8 May	Rumi Young, <u>BD</u>	MedTech Careers	Experiments completed
		Adam Jacobs, <u>Sunrise Labs</u>		Draft Paper Discussion & Conclusions
		Alexia Sibony, <u>Digital Health</u>		Compile full paper draft
	10 May	Final Discussion & Mentors Available		Presentation draft complete
15	Tuesday	FINAL PRESENTATIONS – 10-250	Teams	Written deliverables due
	16 May	6 - 7 PM Preparation & Dinner		Journal Paper
		7 - 9 PM Presentations		One-page Executive Summary
				Wiki updated with all materials
				Peer evaluation #2 completed